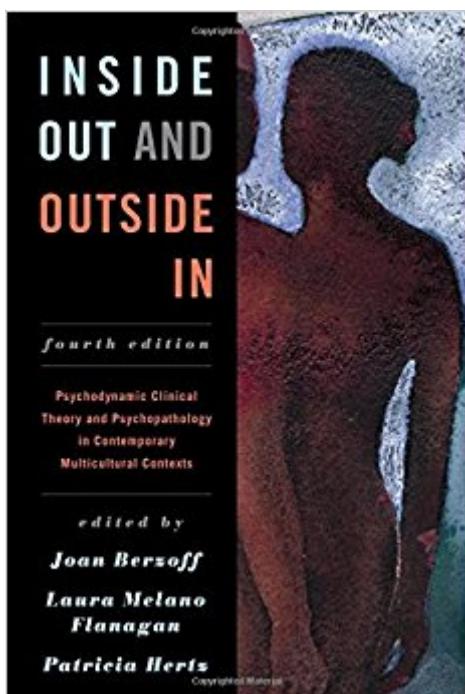


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# Inside Out And Outside In: Psychodynamic Clinical Theory And Psychopathology In Contemporary Multicultural Contexts



## **Synopsis**

Inside Out and Outside In has established itself as a foundational book for mental health practitioners in a variety of disciplines who work with clients in complex social environments. It is unique in its focus on the forces that shape people from within and also from their social worlds, with sensitivity to race, gender, sexuality, and class. The fourth edition features new material and revisions throughout while maintaining the respectful and accessible style for which the book is known. A new chapter on DSM-5 explains its history, social construction, and the most significant changes, such as the configurations of personality disorders and schizophrenia. A new chapter on Cognitive Behavioral Theory and Practice explains the rise in CBT practice, strengths and weaknesses in the approach, and how practitioners can weave it with other theories successfully. In addition to the new chapters, this edition contains new content on gay, lesbian, and transgender people; new case studies representing differences in age, class, culture, race, sexual orientation, and gender; examples on treating clients individually and in groups; new material on infant development; new research on neurobiology and mindfulness, such as mindfulness and survivor guilt; and more. The fourth edition of Inside Out and Outside In is an up-to-date and essential resource for mental health professionals and students practicing in today's increasingly complex environment.

## **Book Information**

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## **Customer Reviews**

Inside Out and Outside In is a rare and stellar example of how to make an outstanding textbook even better. This exceptional classic work has been updated for the DSM-5, is inclusive of a wide

range of diagnostic categories, provides rich examples representing all aspects of diversity, and showcases the application of contemporary psychodynamic theories at their finest. (Carole Tosone, New York University Silver School of Social Work; editor-in-chief of *Clinical Social Work Journal*) In this era in which clinical training is experiencing such significant pressure, this is an indispensable, accessible book, connecting contemporary generations of social workers to key aspects of our theoretical and conceptual legacy and knowledge base, while underscoring and honoring our profession's historical focus on social justice and intersectionality. (Caroline Rosenthal Gelman, Silberman School of Social Work at Hunter College, City University of New York) This volume's continuing attention to our inside lives, "outside" lives, and the interplay of the two is enhanced by its ever-increasing attention to multiple dimensions of diversity. Written for helping professionals, it is the best and most accessible resource I know of for learning about the major lines of psychodynamic thinking from its origins to the present, with case examples from practice throughout. (Jeane W. Anastas, Silver School of Social Work, New York University; past president of the National Association of Social Workers) Comprehensive in its breadth of clinical theories, with meaningful critique and application of the cross-cultural dimension, this work is invaluable to clinical training and education. It is not only useful for the beginning clinician, but an important reference for the more seasoned professional. (Mario L. Starc, The Sanville Institute for Clinical Social Work and Psychotherapy)

Joan Berzoff, EdD, is the director of the End of Life Program at the Smith College School for Social Work, where she served as chair of Human Behavior and co-chair of the doctoral program for over twenty-five years. She has authored four textbooks, over thirty-five articles, and lectures widely in the U.S. and internationally. She maintains a private practice in Northampton, Massachusetts. Laura Melano Flanagan, MSW, teaches at the Smith College School for Social Work and has taught at the Hunter College and New York University Schools of Social Work. She maintains a private practice of psychotherapy and supervision in New York City and is a psychological consultant to various programs for young opera singers. Patricia Hertz, MSW, is in private practice in the Boston area, where she works with adolescents, adults, couples, and families. She is a clinical consultant at Beth Israel Deaconess Medical Center, Dana Farber Cancer Institute, and the Big Apple Circus Clown Care Unit, and she teaches at the Smith College School for Social Work.

Had to buy this book for a clinical social work practice class and was satisfied with the psychodynamic explanations as well as the explanations of Freudian theories and tenants still used

in various forms of mental health treatments and theories today. Very recently published book so it's pretty accurate to where clinical theory is at the moment.

Great book a little dense but excellent resource for clinical students in the behavioral sciences.

Received in perfect condition and in just a few days. Needed this text for a theory class in graduate social work program.

The book is very interesting. It is almost on the level of cannot put down.

great book, bought it for school

Excellent

Was helpful.

Reading can be difficult if you do not understand the language from a psychodynamic theorist perspective.

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